

# Helpful Resources

## **Auburn Therapists**

Amanda Anguish, LMFT  
Beautiful Minds Medical  
[www.beautifulmindsmedical.com](http://www.beautifulmindsmedical.com)  
(530) 889-8780

Susan Galbraith, LMFT  
Beautiful Minds Medical  
[www.beautifulmindsmedical.com](http://www.beautifulmindsmedical.com)  
(530) 889-8780  
Insurance info: (530) 622-1017

Ryan Walsh, LMFT  
Sierra Psych Solutions  
[www.sierrapsych.com](http://www.sierrapsych.com)  
(530) 402-8914 ext. 102

Todd Arvidson, LMFT  
Sierra Psych Solutions  
[www.sierrapsych.com](http://www.sierrapsych.com)  
(530) 402-8914 ext. 101

Selah Counseling Center  
[www.selahcounseling.org](http://www.selahcounseling.org)  
(530) 268-1355

Dave Robertson, LCSW  
(916) 521-8667

Olive Branch Interns (at local church)  
Low cost/sliding scale (for info call  
Grass Valley office at (530) 477-0906

## **Medicare**

Lisa Coffman, LCSW (530) 878-0126  
Marcia Craig-Smith, PsyD (530) 320-6577  
Daniel Coffman, PhD (530) 888-1118  
Sally Watkins, LCSW-Lincoln  
(916) 939-8249

## **Grass Valley Therapists**

Olive Branch Counseling Group  
[www.olivebranch.me](http://www.olivebranch.me)  
(530) 477-0906

John Stewart, MFT (530) 210-6923

## **Medicare**

Jeff Conklin, PsyD (530) 419-6203  
Esther Crooks, LCSW (530) 521-6206  
Bonnie McKeegan, LCSW (530) 559-8406

## **Placerville Therapists**

Barbara Thompson, MA & John Roe, PhD  
The Discovery Group  
(530) 676-4555

## **Psychiatric Hospitals**

Sutter Center for Psychiatry - Sacramento  
(800) 801-3077  
Heritage Oaks Hospital- Sacramento  
(916) 489-3336

## **Child Psychiatrists**

David Foster, MD - Auburn (530) 885-5177  
Benjamin Yu, MD - Roseville (916) 783-9697  
William Hughes, MD - Sac. (916) 333-5140

## **Other Resources**

- Roseville IOP/PHP- (916) 784-2626  
*1899 E. Roseville Parkway*
- Medi-Cal Resources (888) 385-5160
- Placer Co. Crisis Line (888) 886-5401
- Placer Co. Drug Screening Program  
(530) 889-7218
- Nevada Co. Crisis Line (530) 265-1437
- Suicide Hotline (530) 885-2300
- National Hotline: (800) 273-8255
- National Alliance on Mental Health  
(NAMI) [www.nami.org](http://www.nami.org)
- Welfare Checks (530) 886-5375